

# Better Ur Belly

## CLIENT INTAKE FORM & WAIVER

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_  
HOME PHONE# \_\_\_\_\_ CELL PHONE# \_\_\_\_\_ BIRTHDATE \_\_\_\_\_  
EMAIL ADDRESS: \_\_\_\_\_  
BUSINESS# \_\_\_\_\_ OCCUPATION \_\_\_\_\_  
HOW DID YOU HEAR ABOUT OUR OFFICE? \_\_\_\_\_

**STOOL INDICATORS (CHECK WHICH APPLY)**  
Bowel Movements: Per Day \_\_\_\_\_ Per Week \_\_\_\_\_  
What is the consistency? Thin \_\_\_ Watery \_\_\_ Well Formed \_\_\_ Hard \_\_\_ Mucous \_\_\_ Strong Smell \_\_\_ Oily \_\_\_  
Floating \_\_\_ Describe Colour \_\_\_\_\_  
Any other colon problems now or in the past? \_\_\_\_\_  
Office use: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**DO YOU EXPERIENCE THE FOLLOWING DIFFICULTIES (CHECK WHICH APPLY)?**  
Constipation \_\_\_ Bloating \_\_\_ Gas \_\_\_ Heartburn \_\_\_ Burping \_\_\_ Diarrhea \_\_\_ Hemorrhoids \_\_\_ Fatigue \_\_\_  
Abdominal Pain \_\_\_ Headache \_\_\_ Joint Pain \_\_\_ Rectal Bleeding \_\_\_ Food Allergies \_\_\_ Allergies \_\_\_ Food Restrictions \_\_\_  
If yes to Allergies/Restrictions please specify:  
\_\_\_\_\_  
Office use: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**HEALTH INFORMATION**

Are you on any medications(Y/N) \_\_\_\_\_ If YES, please list \_\_\_\_\_

Do you take Natural Supplements(Y/N) \_\_\_\_ If YES, please list \_\_\_\_\_

Have you had colonics before? (Y/N) \_\_\_\_ When? \_\_\_\_\_ How many? \_\_\_\_\_

Other cleansing experiences include? \_\_\_\_\_

Chemical laxatives? \_\_\_\_\_

Office use: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Do you presently have, or have you had any of the following conditions? If in the past, how long ago?**

Cancer of the colon or GI tract	YES/NO	AIDS/STD	YES/NO
Acute abdominal pain	YES/NO	Vascular aneurysm	YES/NO
Recent history of GI bleeding	YES/NO	Renal insufficiency	YES/NO
Congestive heart failure	YES/NO	Epilepsy or psychoses	YES/NO
Uncontrolled hypertension	YES/NO	Cirrhosis	YES/NO
History of seizures	YES/NO	Carcinoma of the rectum	YES/NO
Abdominal surgery	YES/NO	Severe hemorrhoids	YES/NO
Diverticulitis	YES/NO	Intestinal perforation	YES/NO
Recent heart attack	YES/NO	Fissures or fistula	YES/NO
General debilitation	YES/NO	Abdominal Hernia	YES/NO
Recent colon or rectal surgery	YES/NO	Pregnancy	YES/NO
Infectious diseases	YES/NO		

**Diagnosed Health Conditions:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**CHECK OFF THE ITEMS YOU CONSUME THE MOST OF:**

Red meat \_\_\_ Poultry \_\_\_ Fish \_\_\_ Vegetables \_\_\_ Fruit \_\_\_ Dairy \_\_\_ Wheat \_\_\_ Fast food \_\_\_ Sweets \_\_\_

Coffee \_\_\_ Tea \_\_\_ Alcohol \_\_\_ Pop \_\_\_ How many glasses of water do you drink in a day? \_\_\_\_\_

Colon Hydrotherapy is a very safe and non-threatening procedure that has been performed for hundreds of years.

Fortunately, our office provides a machine operated unit, sterilized H2O, and disposable treatments kits.

I fully understand that I cannot hold Mary Ann Sorokan and/or Debbie Ottenbreit responsible or liable for any form of malpractice and /or any medial conditions, as a result of the treatment provided.

I accept total responsibility for my own healthcare and maintenance.

\_\_\_\_\_ (Print Name)      Date\_\_\_\_\_

\_\_\_\_\_(Signature)

All information will be held in confidence. This information may help you therapist to assist you better in your quest for optimal colon hydrotherapy results. It is not intended to diagnose or prescribe and is not a replacement for your regular medical attention by your physician.

**24 Hour Cancellation Policy in effect. You will be charged for missed appointments.**